

# TAKING ACTION ON ANTI-RACISM

Anti-racism is more than just avoiding racist behaviour; it involves actively opposing racism in all forms. This guide provides key facts and discussion prompts to help your team engage in meaningful conversations about anti-racism

## REFLECTION WITH YOUR TEAM/GROUP

Define anti-racism and why it's important in Healthcare PR.

Highlight the difference between non-racism and active anti-racism.

Discuss common barriers to practicing anti-racism, how would you overcome them?

## YOUR THOUGHTS:

- Reflect on a time when you witnessed racism. What happened, and how did it make you feel?
- What steps can you take, personally and professionally, to practice anti-racism?

## NOTES:

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## NEXT STEPS/ACTIONS:

Share a personal commitment to anti-racism with your team, such as speaking up in meetings, reporting discriminatory behaviour or supporting colleagues from marginalised backgrounds.

## HOW TO SHARE YOUR IDEAS:

- Use Post-it Notes to display on a notice board.
- Write it down & Share with the room in discussion.
- Chuck it in a group email/chat.

